**Research Article** 

## Jurnal Studi Keperawatan

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### Pengaruh Latihan Peregangan Kaki Terhadap Pengisian Kapiler Pada Penderita Luka Ulkus Diabetes

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Received: written by editor; Revised: written by editor; Accepted: written by editor (date of submission, 10pt)

#### **ABSTRACT**

The abstract should be clear, concise and descriptive. It is written in 11pt Times New Roman in English only and preferably not more than 250 words. The abstract should be typed as concise as possible and should be composed of: **problem statement, method, scientific finding results, and a short conclusion**. The abstract should be typed in one paragraph only. All sections in the manuscript should be typed using Times New Roman font. Authors should use this document as their article template.

Articles must be written in A4 text size (210 x 297 mm) and the left margin format 25 mm, right margin 20 mm, top margin 30 mm, and bottom margin 20 mm. The manuscript must be written in Times New Roman font with 11 pt font size (except article title, author name and abstract title), one space spacing, and in a two-column format (except for article title, author's name and abstract). The distance between columns is 5 mm (0.2 inches).

Keyword: abstract; midwifery; words; research

(written in 10pt, maximum of 5 keywords separated by semicolon (;) crucial to the appropriate indexing of the papers are to be given.)

# Introduction (Pendahuluan)

Manuscripst is written in Indonesian (except abstract tittle, abstract content and keywords), 11pts Times New Roman and single spacing. Background provides the state of the art of the study and consist of an adequate background, the previous researches of the study to show the scientific novelties of the paper. The introduction (sequentially) must contain the general background, the state of the art as a basis for the statement of scientific novelty of the article, gap analysis of what has been produced by previous research, and the statement of the importance of the research carried out. At the end of the introduction must be stated explicitly the purpose of the article review. In the format of scientific articles, literature review is not permitted as in the research report, but is manifested in the form of a state of the art study to show the focus of these studies what, what is lacking, why this research is

important and the purpose of the research.. The author must avoid duplication/ repetition of unnecessary explanations of his / her own work that has been published.

# Methods (Metode Penelitian)

Method consists of research design, place and time of research, population and samples, data measurement and data analysis methods. Please provide sufficient details of the methods include ethical conduct include number of ethical clearance.

## Results and Discussion (Hasil dan Pembahasan)

The results and discussion contain scientific research / development findings and discussions. Scientific findings (scientific finding) obtained from the results of research that has been carried

out are described in this chapter but must be supported by adequate data. The scientific findings referred to here are not data obtained from research results (can be attached as supplementary files). The scientific findings must be explained scientifically including: What scientific findings were obtained? Why did that happen? Why are trend variables like that? All these questions must be explained scientifically, not only descriptive, if necessary supported by adequate scientific basis phenomena. In addition, it must be explained the connection with the existing concepts and their comparison with previous studies, whether the results of the study are appropriate or not, better or not and other aspects. Result describe the major findings of the study. It should be clear, concise and can be reports on texts or graphics. Please provide some introduction for the information presented on tables or images.

The discussion should be explore the significance of the results of the study. The following components should be covered in discussion. How do your result relate to the original question or objectives outlined in the background section (what)? Do you provide interpretation scientifically for each of your results or findings presented (why)? Are you result consistent with what other investigators have reported (what else)? Or are there any differences?

# Conclusion (Simpulan)

The Conclusion should answer the objectives of the study or hypothesis. Provide a clear scientific justification for your study, and indicate possible recommendation for midwifery practice and future practice. Conclusions are stated as paragraphs. Numbering or itemize is not permitted in this chapter.

# Acknowledgements (Ucapan Terimakasih)

Acknowledgements (if any). Briefy acknowledgments research funders, and any research participants in this section.

## References (Daftar Pustaka)

All references referred to in the text of the article must be registered in the References section. The bibliography must contain reference libraries originating from at least 80% of primary sources (scientific journals) issued at the latest 10 (ten) years. Each article contains at least 10 (ten) Citation:

references. The format of citations and preparation of bibliography must follow the IEEE format. Writing references in text articles and bibliography should use reference management application programs, such as Mendeley, EndNote and Zotero.

#### For Example

- [1] N. Devi, *Nutrition and Food:* Gizi untuk Keluarga. Jakarta: Kompas, 2010
- [2] Cornelia, E. Sumedi, I. Anwar, R. Ramayulis, S. Iwaningsih, T. Kresnawan, and H. Nurlita, *Konseling Gizi*. Jakarta: Penebar Plus+, 2013.
- [3] V. N. Wijayaningrum and F. Utaminingrum, "Numerical Methods for Initialization in Fodder Composition Optimization, "in 2016 International Conference on Advanced Computer Science and Information Systems (ICACSIS), Malang, Indonesia, Oct. 2016, pp.397-400.

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